

COMPOSITION: 1 capsule contains: *active ingredients:*

red clover extract (*Trifolium pratense*) - 150 mg, sage extract (*Salvia officinalis*) - 100 mg, St. John's wort extract (*Hypericum perforatum*) - 60 mg, female ginseng (*Angelica sinensis*) extract - 45 mg, cimicifuga extract (*Black Cohosh* / *Cimicifuga racemosa*) - 25 mg;

excipients: filling agents: calcium stearate, silica dioxide amorphous, micro-crystalline cellulose; *capsule shell:* gelatin.

NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) PER 100 g OF THE SUPPLEMENT: proteins - 15.0 g, carbohydrates - 1.1 g, fats - 0 g; 64.4 kcal (296 kJ).

RECOMMENDATIONS FOR USE: MENOMEDIN® is recommended as a balanced complex of standardized herbal extracts to normalize the function of various systems and organs in a female body (nervous and reproductive systems, mammary glands, skin, bones) in the premenopause and menopause, alleviate the neurovisceral signs (hot flashes, night sweats, genital dryness) and improve the psycho-emotional state (in excessive nervousness, anxiety, nervous strain, depression, poor concentration power, insomnia), help a female body to adapt to the age-related changes at the time of hormonal rearrangement, prevent the development of osteoporosis and cardiovascular disorders in the menopause and postmenopause.

METHOD OF ADMINISTRATION AND RECOMMENDED DAILY DOSE: adult women should take 1-2 capsules daily with or without meals with plenty of drinking water. The treatment course is 3-6 months. The course can be repeated if needed.

Medical advice is recommended before taking the product.

CONTRAINDICATIONS: pregnancy and lactation, individual intolerance of the ingredients.

Do not exceed the stated recommended quantity for daily intake.

Should not be used as a substitute for a balanced diet.

PHARMACEUTICAL FORM: capsules with the contents weight of 400 mg \pm 7.5 %.

STORAGE CONDITIONS: store in the original package in a dry place protected from light, out of reach of children at temperatures 4°C до 25°C.

MANUFACTURING DATE: see the manufacturing date on the package.

SHELF LIFE: 24 months from the manufacturing date.

MANUFACTURING BATCH NUMBER: specified on the package.

For more information, please
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