

ACEROLA - C 250

WITH BIOFLAVONOIDS



INGREDIENTS: 1 capsule contains: *active ingredients:*

dried acerola juice 500 mg, corresponding to **250 mg** of **L-ascorbic acid**,
citrus bioflavonoids 50 mg, corresponding to **22.5 mg** of **hesperidin**;

excipients: fillers: microcrystalline cellulose, calcium carbonate, calcium stearate, silicon dioxide (orisil); *capsule shell:* gelatin.

NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) PER 100 g OF THE SUPPLEMENT: proteins 15.0 g, carbohydrates 1.1 g, fats 0 g; 64.4 kcal / 269.4 kJ.

NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) OF DAILY AMOUNT, 2 CAPSULES: proteins 0.13 g, carbohydrates 0.01 g, fats 0 g; 0.54 kcal / 2.26 kJ..

RECOMMENDATIONS FOR USE: ACEROLA C 250 with bioflavonoids is recommended as an additional source of natural vitamin C and citrus bioflavonoids to normalize the functional state of the immune system and restore the tonus and vitality of the body, including during acute respiratory viral infections. **ACEROLA C 250 with bioflavonoids** has antioxidant and general tonic properties, contributes to increased resistance of the immune system, collagen synthesis, and strengthening of the walls of vessels, reduced development of gum bleeding and bruising. **ACEROLA C 250 with bioflavonoids** is a natural source of natural vitamin C, which is quickly and easily absorbed by the body and cannot cause overdose.

HOW TO USE: adults should take 1-2 capsules 2 times a day after meals, while washing down with enough water.

RECOMMENDED INTAKE COURSE: 1-3 months. If necessary, the intake course can be adjusted by a physician.

Consult your physician before use.

Do not exceed the specified recommended amount for daily intake.

Do not use it as a substitute for a complete diet.

CONTRAINDICATIONS: individual intolerance to components, paediatric use, pregnancy, lactation, severe kidney disease, thrombosis.

DOSAGE FORM: capsules with a content of 570 mg \pm 7.5%.

STORAGE CONDITIONS: store in the original packaging in a dry place, protected from sunlight and out of reach of children, at a temperature from 4 °C to 25 °C.

DATE OF MANUFACTURE: the date of manufacture is indicated on the package.

SHELF LIFE: 24 months from the date of manufacture.

PRODUCTION BATCH NUMBER: indicated on the package.

ADDITIONAL INFORMATION

ACEROLA C 250 with bioflavonoids is recommended as an additional source of natural vitamin C and citrus bioflavonoids in case of increased need or deficiency of these nutrients.

ACEROLA C 250 with bioflavonoids contributes to the normalization of the functional state of the immune system, including during acute respiratory viral infections.

ACEROLA C 250 with bioflavonoids:

- has antioxidant and general tonic properties.
- promotes increased immune system resistance.
- facilitates collagen synthesis and strengthening vessel walls.
- promotes rapid wound healing.
- has antiaggregant properties.
- strengthens the cardiovascular system.

Acerola (*Malpighia emarginata*), also known as **Barbados cherry**, is one of the richest natural sources of ascorbic acid in the world. Acerola fruits contain 50-100 times more vitamin C than oranges or lemons. It has been proven that vitamin C of acerola is absorbed by human body better than synthetic ascorbic acid.

Acerola fruits also contain many phytonutrients, such as phenolic compounds, carotenoids, anthocyanins and flavonoids, which have pronounced antioxidant properties and are synergists of ascorbic acid. The antimicrobial, hypoglycemic, and hepatoprotective effects of acerola have also been proven.

Vitamin C (ascorbic acid) belongs to the group of water-soluble vitamins. Since vitamin C is not synthesized on its own, it is very important to ensure its constant intake into the body. Blood levels of vitamin C are a marker of health. Ascorbic acid is involved in redox reactions, regulation of carbohydrate and protein metabolism, and synthesis of many hormones.

Vitamin C increases the body's non-specific resistance and normalizes the immune system. The use of ascorbic acid shortens the duration of SARS. Vitamin C contributes to normal formation of collagen to support the functions of the skin, blood vessels, gums, cartilage, and teeth and accelerates wound healing.

Citrus bioflavonoids are a natural supplement to vitamin C and are mainly found in the skin of grapefruits, lemons, and oranges. The main task of bioflavonoids is to minimize the effect of free radicals that destroy cells and provoke failure in the functioning of the entire body.

Citrus bioflavonoids have an antioxidant, tonic, and restorative effect. They are used for general fatigue, weight loss, infectious and viral diseases, strengthen the vascular system and contribute to the strengthening of immunity. Citrus bioflavonoids promote better absorption of vitamin C and increase its bioavailability.

For more information, please
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