

# ADENOFIT™ - FORTE



**INGREDIENTS:** 1 capsule contains: *active ingredients:*

**saw palmetto extract (*Serenoa repens*) 160 mg,**

**3,3'-diindolylmethane 100 mg,**

**pumpkin seed extract (*Cucurbita pepo*) 60 mg,**

**resveratrol 50 mg,**

**lycopene 25 mg;**

*excipients: fillers:* calcium stearate, amorphous silicon dioxide (orisil), microcrystalline cellulose, calcium carbonate; *capsule shell:* gelatin.

**NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) PER 100 G OF DIETARY SUPPLEMENT:** proteins 15.0 g, carbohydrates 1.1 g, fats 0 g; 64.4 kcal / 269.4 kJ.

**NUTRITIONAL AND ENERGY VALUE (CALORIC VALUE) OF DAILY AMOUNT, 2 CAPSULES:** proteins 0.13 g, carbohydrates 0.01 g, fats 0 g; 0.54 kcal / 2.26 kJ.

**RECOMMENDATIONS FOR USE: ADENOFIT®-FORTE** is recommended to normalize the functioning of the male genitourinary system. The complex of biologically active substances of natural origin, which are part of **ADENOFIT®-FORTE**, contributes to the normalization of the hormonal balance of men, prevention of hyperproliferative conditions of the prostate gland, and inhibition of the processes of premature ageing of the body. It has antioxidant, antiproliferative, anti-inflammatory, and general tonic properties.

**HOW TO USE AND RECOMMENDED DAILY DOSE:** adults should take 1 capsule 2 times a day after meals, while washing down with enough water.

**RECOMMENDED INTAKE COURSE:** 1-3 months. If necessary, the course can be repeated.

**Consult your physician before use.**

**Do not exceed the specified recommended amount for daily intake.**

**Do not use it as a substitute for a complete diet.**

**CONTRAINDICATIONS:** individual intolerance to components, paediatric use, pregnancy, and lactation.

**DOSAGE FORM:** capsules with a content of 420 mg  $\pm$  7.5%.

**STORAGE CONDITIONS:** Store in the original packaging in a dry place, protected from sunlight and out of reach of children, at a temperature from 4 °C to 25 °C.

**DATE OF MANUFACTURE:** the date of manufacture is indicated on the package.

**SHELF LIFE:** 24 months from the date of manufacture.

**PRODUCTION BATCH NUMBER:** indicated on the package.

## ADDITIONAL INFORMATION

**Saw palmetto (*Serenoa repens*)** extract contains phytosterols, carotene, fatty acids, tannin, which exhibit anti-androgenic properties due to inhibition of the enzyme 5-alpha reductase and aromatase (in turn, 5-alpha reductase catalyses the conversion of testosterone into dihydrotestosterone, which plays an important role in the pathogenesis of benign prostatic hyperplasia, BPH). It improves the absorption of cholesterol and its elimination from the body.

**3,3'-diindolylmethane (DIM)** is one of the active metabolites of indole-3-carbinol, formed from its two molecules, has a more stable structure, has the ability to inhibit the sensitivity of androgen and estrogen receptors, which play an important role in the development of benign prostatic hyperplasia (BPH). DIM contributes to the enhancement and maintenance of the activity of the natural systems of the body in chronic inflammatory processes, disposing of toxic decay products. It has antioxidant and antiproliferative properties.

**Resveratrol** is a natural polyphenol that promotes healthy longevity, inhibits oxidation processes, neutralizes the effect of free radicals, which can lead to damage to organs and systems, mutation and transformation of cells. Combined with DIM, it enhances its action.

**Pumpkin seed extract** contains amino compounds, curcubitin and fatty oils, which are characterized by reductive, antioxidant, and immunomodulatory properties. Pumpkin seeds are also a source of zinc, which plays an important role in the functioning of the male genitourinary system, contributes to the normalization of the functional state of the prostate in adenoma and increased sexual function.

**Lycopene** is a pigment that belongs to the group of carotenoids and is a powerful antioxidant that protects the cells of the human body from the influence of free radicals. It's the one that gives the red colour to tomatoes. The human body cannot synthesize this substance and receives it exclusively with food. It has been established that lycopene and lycopene-containing products contribute to reducing the risk of malignant transformation of prostate cells and the development of hyperproliferative processes in the prostate gland.

For more information, please  
contact us on +380 44 454 01 00 or visit [www.nutrimed.ua](http://www.nutrimed.ua)

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