

VISINORM[®]



INGREDIENTS: 1 capsule contains: *active ingredients:*

vitamin C (ascorbic acid) 100 mg,

crocin 15 mg,

vitamin E 15 mg,

lutein 10 mg,

zinc 8 mg, in form of zinc glycinate,

meso-zeaxanthin 5 mg,

astaxanthin 3 mg,

zeaxanthin 2 mg,

copper 1 mg, the equivalent of copper sulphate,

vitamin D 25 µg [1,000 IU],

selenium 20 µg, in form of sodium selenite;

excipients: fillers: maltodextrin, microcrystalline cellulose, calcium stearate, silicon dioxide (orisil); *capsule shell:* gelatin.

RECOMMENDATIONS FOR USE: VISINORM[®] is recommended as an additional source of natural antioxidants, macular pigments (carotenoids), vitamins and microelements for the normalization of visual functions. VISINORM[®] contains nutrients necessary for the physiological preservation of vision, for protection of the eyes from oxidative stress and improvement of the condition of the retinal vessels. VISINORM[®] helps to compensate for nutrient and micronutrient deficiencies caused by age-related changes, increased visual burden, stress, or unbalanced diet.

HOW TO USE AND RECOMMENDED DAILY DOSE: adults should take 1 capsule a day, after meal, while washing down with enough water.

RECOMMENDED INTAKE COURSE: 3-6 months. If necessary, the course can be repeated.

Consult your physician before use.

Do not exceed the specified recommended amount for daily intake.

Do not use it as a substitute for a complete diet.

CONTRAINDICATIONS: pregnancy and lactation, individual intolerance to components.

DOSAGE FORM: capsules with a content of 420 mg ± 7.5%.

STORAGE CONDITIONS: store in the original packaging in a dry place, protected from sunlight and out of reach of children, at a temperature from 4 °C to 25 °C.

DATE OF MANUFACTURE: the date of manufacture is indicated on the package.

SHELF LIFE: 24 months from the date of manufacture.

PRODUCTION BATCH NUMBER: indicated on the package.

ADDITIONAL INFORMATION

Crocin is a carotenoid obtained from shredded crocus (saffron) and gardenia flower fillets. Crocin, the main active component of saffron, has antioxidant and neuroprotective action. It has powerful healing properties, thanks to which it is used as an antioxidant, anti-inflammatory, and general tonic agent.

Crocin contains natural antioxidants that reduce the severity of oxidative stress, normalize metabolic processes, strengthen the walls of the blood vessels of the eye, increase the diffusion of oxygen, improve eye blood flow, provide a rejuvenating effect on the cells of the eyes, and in some cases, are able to prevent the inevitable process of vision loss in old age.

Crocine improves the sensitivity of the retina to flickering, indicating increased protection of the retina from light. It prevents the development of cataracts, glaucoma, macular degeneration, ischemic and diabetic retinopathy, and age-related macular degeneration (AMD).

Astaxanthin is a carotenoid, a powerful natural antioxidant, which is obtained from *Haematococcus pluvialis* microalgae. Astaxanthin overcomes the BBB (blood-brain barrier), penetrates the retina of the eye, contributes to the restoration of vision, helps in the correction of vision function in case of diseases such as diabetic retinopathy, glaucoma, cataracts, and macular degeneration. It protects the central nervous system, eyes, and brain from oxidative stress and microinflammation processes.

Astaxanthin is one of the few carotenoids capable of neutralizing singlet oxygen and free radicals. Due to its properties, astaxanthin prevents the occurrence and progression of age-related diseases such as dementia, atherosclerotic vascular lesions, etc. Due to its anti-inflammatory effect, astaxanthin is able to reduce the eye load during prolonged work at the computer, as well as to improve the acuity and quality of vision. Astaxanthin enhances the action of vitamins C and E.

Meso-zeaxanthin, lutein, and zeaxanthin are three stereoisomers of carotenoids that form a macular pigment, are contained in the epicentre, peripheral and middle macula, respectively. Macular pigments are responsible for the functions of central vision, protect the eyes from the rays of the blue spectrum of sunlight and oxidative stress, improve visual acuity. The ability of macular pigments to retard blue light and their potent antioxidant properties can prevent the development of age-related macular degeneration (AMD).

Vitamin E is a fat-soluble vitamin. Due to its antioxidant properties, it protects the eyes from damage by free radicals and contributes to slowing down the ageing processes in the eye tissues.

Vitamin D is a fat-soluble vitamin, an antioxidant that reduces the risk of macular degeneration, which is characterized by impaired vision and is one of the causes of blindness.

Vitamin C is an antioxidant that is responsible for the blood supply to the eyes, provides additional protection against ultraviolet radiation and oxidative stress, and strengthens the retinal capillaries.

Zinc and copper are micronutrients, components of numerous enzymes and their activators that prevent the formation of free radicals. The highest concentration of zinc is contained in the retinal photoreceptors (rods); they are involved in the transfer of retinol, in the synaptic transmission of nerve impulses in the retina, and maintain the stability of the membranes in the photoreceptors.

Selenium is a microelement with powerful antioxidant properties; it prevents peroxidation of the cell membranes of the eyes and slows down the age-related degradation of the retina. In case of selenium deficiency, membrane stability and metabolism are impaired.

For more information, please
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